



KIDS MENU

NEPTUNE

14TH CENTURY INN

2 COURSE MEAL DEAL £7.49

1 Choose a Main Course

2 Sausages & Yorkshire 401 kcal

† Chicken Nuggets 170 kcal

Birds Eye Vegetable Fingers 176 kcal

Simply Pasta 237 kcal

Mini Beef Burger 270 kcal

2 Pick a Side

Mashed Potato 136 kcal

Chips 185 kcal

Roast Potatoes 135 kcal

Garlic Bread Slice 80 kcal

3 Add a Veg **OR** 2 Veg with no Side

Garden Peas 109 kcal

No Added Sugar Baked Beans 36 kcal

Veg Sticks 14 kcal

add a Dessert **OR** Drink for £1.50

Pip Organic Rainbow Lolly 20 kcal

Carte D'or Kids Cone 102 kcal

Todays Piece of Fruit 60 kcal

Turn over for Fun & Games

TRY OUR Kids Carvery

Choose from any of our fresh meats.



No added Sugar Capri Sun

= helps towards your 5-a-day

these dishes are suitable for vegetarians. † Chopped & reformed. All prices include VAT. We know there are allergens in our food, we need to be able to inform you accordingly. Please let us know if you have a specific allergy query. We cannot guarantee our dishes are free from allergens as our food is prepared in kitchens where allergies are present due to cross contamination.



ACTIVITY SHEET

Full Of Fun

How do you make an octopus laugh?
With TEN-tickles!

Why did the lobsters blush?
Because the sea weed!

What did the ocean say to the shore?
Nothing it just waved!

WORD SEARCH

N U G O H R U Q M R P A S N L E J L
R P N S I X M C E L X T O E A C E U W
J A D U C A R R A B Q E E R L G T W D
H C N O C Y X H R R E Y O A C J O P I
N C L C E E T A N A M C M E P S P D A
W R I E P T B A S S G V D H D V R N T
E K R A H S U E A R K Z P O S E A L O
N A T N Z I V O C T O P U S C S W Z M
B M G O G L F G R J N D N I T Z X F S
K W C L A B E H G H O D E V W O M Y Q
T A O V A O E Q J A I I O U P K U N A
G Y I L R Y R O I U F B C M O D Z D I
T B L S E I A I Q G F A I E T A C R O
I L L J T R Y S M P X R I E C H O X U
Y E S L T F E M C B H C Y F K S I A A
F E T B O R U K S S N A I L K T M W L
S N R U B Z J F C Y F U I H C Q V F T
U B V X N E Z H J A X L L I R K B C O
I K E L P A D D E C M B P C R W X G U

ALGAE
BARRACUDA
BASS
BIVALVE
CLAM
COD
CONCH

CORAL
CRAB
DIATOMS
EEL
KELP
KRILL
MACKEREL

MANATEE
OCEAN
OCTOPUS
ORCA
OTTER
RAY
REEF

SEAL
SHAD
SHARK
SHRIMP
SNAIL
SQUID
TUNA

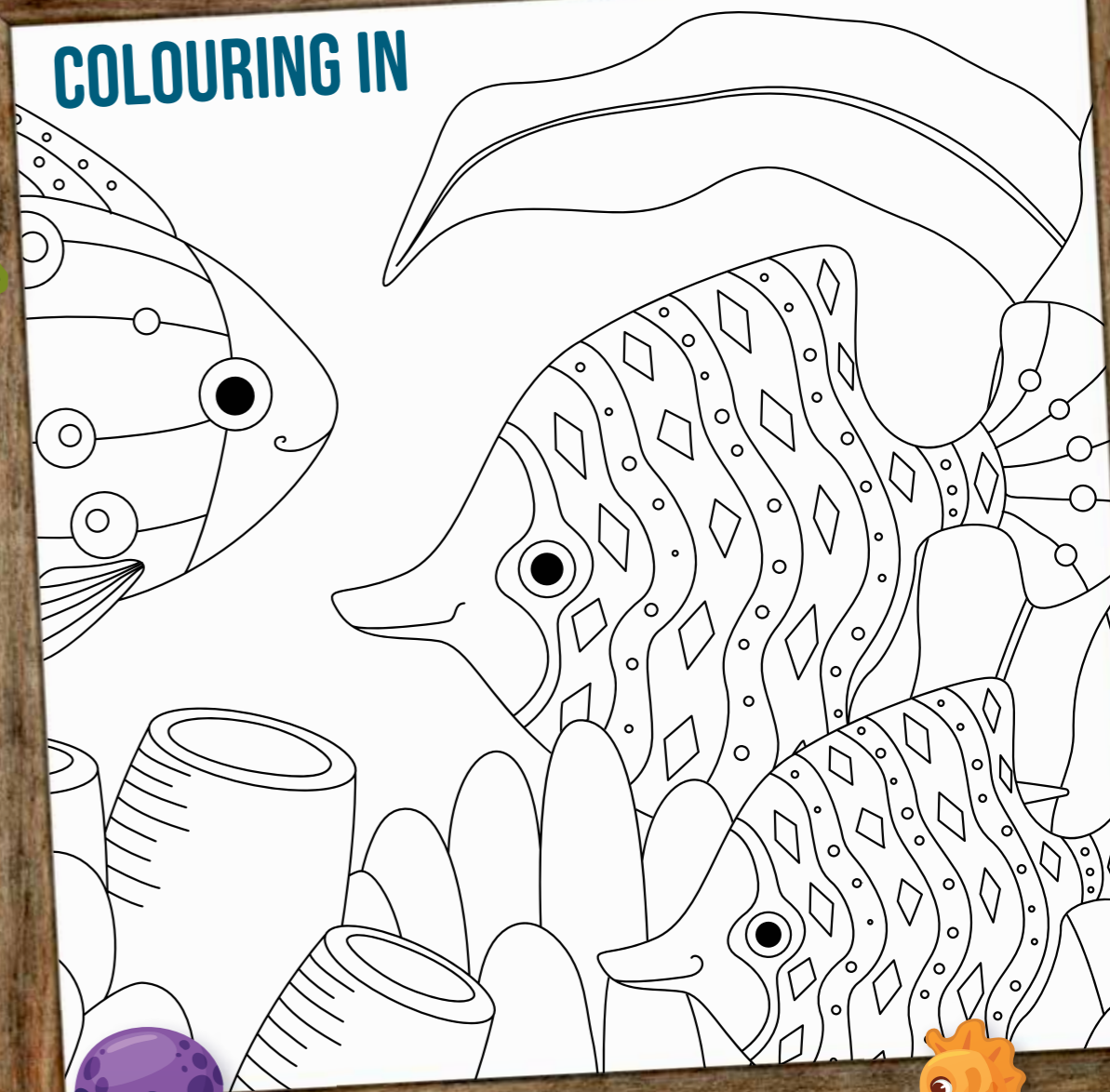
QUESTION TIME



- 1) WHAT IS THE LARGEST OCEAN IN THE WORLD?
A) PACIFIC B) ATLANTIC C) ARCTIC
- 2) OCEANS COVER WHAT PERCENTAGE OF THE GLOBE?
A) 50% B) 70% C) 85%
- 3) WHAT SEA CREATURE IS CONSIDERED THE MOST INTELLIGENT & FRIENDLY TO HUMANS?
A) DOLPHINS B) OCTOPUS C) WHALE
- 4) HOW MANY HEARTS DO OCTOPUSES HAVE?
A) 8 B) 1 C) 3
- 5) WHAT IS THE FASTEST FISH IN THE OCEAN?
A) WAHOO B) SAILFISH C) SWORDFISH
- 6) IN 'FINDING NEMO' WHAT TYPE OF FISH IS NEMO AND HIS DAD MARLIN?
A) STARFISH B) LAUGHINGFISH C) CLOWNFISH
- 7) WHAT PERCENTAGE OF THE OCEAN REMAINS UNEXPLORED?
A) 80% B) 60% C) 40%

1. PACIFIC 2. 70% 3. DOLPHINS 4. 3
5. SAILFISH 6. CLOWNFISH 7. 80%

COLOURING IN



SPOT THE DIFFERENCE

CAN YOU FIND ALL 5

